

Four Points by Sheraton

925 South University

Little Rock, AR 72204

501-664-5020

\$112(plus tax) per night*

1-4 people per room

Reservations must be made by Sept 13th, 2026

2 free breakfast vouchers per room

Free wireless internet, fitness center,
complimentary shuttle, free parking, mini fridge &
microwave in every room.

*Use code SO8 for this rate



Arkansas Intergroup of Overeaters Anonymous



***SOAR8 RECOVERY CONVENTION &
HYBRID BUSINESS ASSEMBLY
LITTLE ROCK, ARKANSAS***

Convention Highlights

Registration desk opens at 3pm Friday

Workshops Begin: 8:00am Saturday 8:00am Sunday

Opening Ceremony: 7:30pm Friday

For more information contact:

Convention Chair:

Lauren W
831-521-2935
peacefulfrog419@gmail.com

Hotel Liaison:
Margaret R
501-258-1697
meshelldeb@yahoo.com

Registration Chair:
Michelle D
501-580-6120
mdquark@gmail.com

Register online

(A surcharge will be added when using this site)

<https://tinyurl.com/SOAR8-Reg-Form-2026>
No refunds after September 1, 2026

Name _____

Name for Badge _____

Mailing Address _____

_____ Country: _____

Telephone _____

Email _____

Intergroup Name _____

Please check ONE:

☐ Convention Attendee ☐ Board Member ☐ Funded Chair ☐ Trustee

☐ Region Rep ☐ Region Rep— 1st time ☐ Region Rep—virtual

I am willing to serve as:

☐ Greeter ☐ Hospitality ☐ Boutique

☐ Registration ☐ Runner/Page ☐ Timer

☐ Drawing/Ticket sales ☐ Where needed

☐ Workshop Speaker (requires 90 days continuous abstinence)

☐ \$50 Early Registration (by August 25th, 2026)

☐ \$65 Registration

☐ \$45 Registration Saturday Only

☐ \$40 Saturday Lunch

☐ \$60 Saturday banquet

☐ Donation/7th Tradition \$ _____

☐ Scholarship Donation \$ _____

Total Enclosed \$ _____

Mail check (payable to Central AR Intergroup OA) to:

Cara G (carag213@hotmail.com): 5419 Stonewall Road; Little Rock, AR 72207